MENU

OPENING HOURS

FROM 06.00 PM

STARTERS

CRISPY PORK ... £6.95

Deep-fried pork tenderloin, served crispy with a side of hand-cooked Vegetable crisps & a sweet chili dip. (GF)

GARLIC MUSHROOM ... £6.95

CREAMY GARLIC MUSHROOMS SERVED
WITH GRILLED FOCACCIA
(V) (GF ON REQUEST).

KING PRAWNS ... £8.95

Pre shelled king prawns served on a skewer with chilli butter & bruschetta. (GF on request)

BBQ CHICKEN ... £6.95

CARGRILLED CHICKEN STRIPS SERVED ON A SKEWER WITH A BBQ DIP & A SALAD GARNISH. (GF)

BRISKET CHILLI ... £6.95

Made using the burnt ends of the brisket & beans in a medium heat tomato sauce with toasted focaccia.

(GF on request)

FETA SALAD ... £6.95

Simple goats cheese salad with a balsamic vinager dressing served with homemade bread & butter. (V) (GF & VG on request)

PAN FRESCO FOR TWO ... £9.95

A LOVELY SHARING STARTER. PARMA HAM, CREAM CHEESE, MIXED OLIVES, BALSAMIC VINEGAR, HOMEMADE BREAD & CHARCOAL SALTED BUTTER. (GF, V & VG ON REQUEST)



SOMETHING A BIT

DIFFERENT

TANKARD OF

MONKS

BUCKFAST ABBY
TONIC
WINE

INE £5.50

MUG OF MEAD





THERE ARE LOADS OF ALLERGIES & INTOLERANCES, WE CAN'T LIST THEM ALL ON THE MENU, BUT IF YOU HAVE ALLERGIES TO ANYTHING OR ANY REQUIRMENTS WE ARE HERE TO HELP.

SO PLEASE MAKE SURE TO TELL YOUR SERVER.

MAINS

FISH & CHIPS ... £16.95

Deep fried cod in Crispy Batter with a boat Load of Chips, Mushy Peas, Tatar Sauce & A wedge of Lemon. (GF on request)

BEEF BRISKET ... £17.95

DRY RUBBED & SMOKED SLICES OF BEEF BRISKET SERVED WITH SMOKED GRAVY, GARLIC NEW POTATOES & HOMEMADE SLAW. (GF)

PORK TENDERLOIN ... £16.95

Char Grilled pork tenderloin served with onion rings, seasoned chips & salad garnish. (GF on request)

MUSHROOM TAGLIATELLE ... £14.95

TAGLIATELLE PASTA IN A CREAMY MUSHROOM SAUCE,
PARMESAN CHEESE & GARLIC BREAD.
(V) (VG & GF ON REUEST)
ADD CHICKEN BREAST OR PORK LOIN +£3.00

FILLET OF SALMON ... £19.95

Succulent fillet of salmon with a honey glaze served with garlic new potatoes & a Greek salad. (GF)

BBQ CHICKEN SKEWER ... £15.95

CHARGRILLED BBQ CHIKEN BREAST SERVED WITH TRIPPLE COOKED "JENGA" CHIPS & FETA CHEESE SALAD. (GF)

BBQ BELLY PORK ... £16.95

SLICED PORK BELLY SLOW ROASTED IN BBQ SAUCE SERVED WITH GARLIC NEW POTATOES & HOMEMADE SLAW. (GF)

OUR HEARTY STEWS (CAWL)

A COMPLETE MEAL IN ONE POT, NO NEED FOR A KNIFE & FORK,
JUST USE A SPOON. HEARTY, RICH & COMES WITH
BREAD TO MOP UP WITH AFTER.

CAWL IS WELSH FOR STEW, SOUP, BROTH OR POTTAGE. A STAPLE MEAL THROUGH OUT HISTORY. BRINGS BACK GREAT MEMORIES ROUND A CAMP FIRE.





VEGETABLE ... £15.95

DICED VEGETABLES IN A RICH TOMATO SAUCE WITH CARAMELISED SLICED POTATOES.

(V) (VG) (GF ON REQUEST)

WELSH LAMB ... £18.95

Braised Lamb & vegetables in a rich gravy & topped with caramelised sliced potatoes, (GF on request)

PEMBROKESHIRE VENISON ... £18.95

Braised pembrokeshire venison & vegetables in a tomato & red wine sauce covered with caramalised sliced potatoes. (GF on request)



1/4 LB CHEESE BURGER ... £15.95

Just how I like it a great tasting locally sourced 1/4 lb beef patty with fried Onions, lettuce, tomato & two slices of american cheese served in a soft toasted seaded bun.Bowl of chips, onion rings, homemade coleslaw & burger relish. (GF on request)

CHICKEN BURGER ... £15.95

none of this silly bought in chicken patties its a full char grilled chicken breast with fried onions, lettuce, tomato & cheese in a soft toasted seaded bun. A Bowl of chips, onion rings, homemade coleslaw & Mayo. Simple & Tasty.(GF on request)

VEGETARIAN/VEGAN BURGER ... £15.95

Lentil Burger Patty with Lettuce, Grated Carrot, Tomato, fried Onions & Vegan Cheese all in a soft toasted seeded bun, Bowl of Chips, Onion Rings, Homemade Coleslaw & Burger Relish.

(V) (VG) (GF on Request)

NO SALAD GARNISH OR GREEN STUFF ADDED TO THE DISH AS THERE IS ENOUGH GREEN IN THE BURGER TO FOOL YOURSELF ITS ONE OF YOUR 5 A DAY. LOL



STEAKS

100Z SIRLOIN ... £19.95 100Z RUMP ... £18.95

No Messing about. Cooked how you like, then presented on a board with a big knife. Served with onion rings, seasoned chips & a bit of green stuff cut from the nearest potted plant. (GF)





HERE IS A COUPLE OF MY SPECIAL DISHES.

TWO STEAKS A BOARD & A KNIFE ... £28.95

No fuss just a 100z Sirloin & a 100z Rump. 200z of meat.Cooked how you like, then presented on a board with a big knife. (GF)

FOUR STEAKS A BOARD & A KNIFE ... £54.95

TWO 10OZ SIRLOINS & TWO 10OZ RUMPS. 40OZ OF MEAT. A SHARING PLATTER OR A BIG APPETITE. SAME AS ABOVE NO FUSSING AROUND JUST COOKED HOW YOU LIKE ON A BOARD WITH A BIG KNIFE. (GF)

10OZ STEAK SANDWICH ... £19.95

A 100Z RUMP STEAK COOKED HOW YOU LIKE THEN TRIMMED, SLICED & PRESENTED IN ONE OF OUR SOFT TOASTED BURGER BUNS WITH A SHED LOAD OF FRIED ONIONS. (BEST THING EVER.) WE THROW IN A TINY SMIDGE OF GREEN STUFF, SOME CHIPS, COLESLAW & ONION RINGS.

(GF ON REQUEST)

BIG BOY BURGER ... £18.95

Two locally sourced 1/4 lb beef patties & cheese, Fried Onions, lettuce, & tomato all served in a soft toasted seaded bun. Bowl of chips, onion rings, homemade coleslaw & burger relish.

(GF on request)



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SIDES

"CHIPPY CHIPS" ... £3.95

fresh local potaoes deep fried untill golden brown. Simple "chippy" chips. (V) (VG) (GF)

"JENGA" POTATOES ... £3.95

Triple cooked seasoned chunky chips.

"OMG crispy on the outside and soft in the middle" (v) (VG) (GF)

GARLIC BREAD ... £3.95

The same homemade bread just with a generous helping of Garlic Butter.
(V)(VG & GF on request)

PEPPERCORN SAUCE ... £2.95

Wonderful with our steaks but just as good to dip your chips in. (GF)

FRESH FETA SALAD ... £3.95

Fresh mixed salad topped with crumbled feta Cheese and a drizzle of olive oil. (V) (GF)(VG on request)

BREAD & BUTTER ... £2.95

FOUR SLICES OF FRESHLY BAKED BREAD MADE HERE BY OUR CHEFS WITH REAL BUTTER & A SPRINKLE OF CHARCOAL SALT.

(V)(VG & GF OPTION ON REQUEST)

ONION RINGS ... £3.95

DEEP FRIED AND CRISPY. (V)(VG)

COCKTAILS



SEX ON THE BEACH ... £7.95

Vodka, Peach Schnapps, orange & Cranberry Juice in a tall glass with ice & a garnish.

JOHN COLLINS ... £7.95

Bourbon, Lemon Juice a dash of sugar syrup topped with sparking water, Ice & a garnish

CUBRE LIBRE ... £7.95

DARK RUM WITH A DASH OF LIME, TOPPED WITH COCACOLA IN A TALL GALSS WITH ICE & A CARNISH.

BLACK RUSSIAN ... £7.95

VODKA & COFFEE LIQUER WITH ICE & A GARNISH.

TOM COLLINS ... £7.95

GIN, LEMON JUICE & A DASH OF SUGAR SYRUP YOPPED WITH SPARKLING WATER, ICE & A GARNISH.

ANY
TWO
COCKTAILS
£13.00



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