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OPENING  
HOURS

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# MENU

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FROM  
06.00 PM

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ENJOY SOMETHING A BIT  
**DIFFERENT**

BUCKFAST ABBY  
**TONIC  
WINE**  
£4.35

**MONKS  
ALE**  
£5.95

**MUG  
OF  
MEAD**  
£4.35



## STARTERS

**CRISPY PORK ... £7.95**  
DEEP-FRIED PORK TENDERLOIN, SERVED  
CRISPY WITH A SIDE OF HAND-COOKED  
VEGETABLE CRISPS & A SWEET CHILI DIP. (GF)

**GARLIC MUSHROOM ... £7.95**  
CREAMY GARLIC MUSHROOMS SERVED  
WITH GRILLED FOCACCIA  
(V) (GF ON REQUEST).

**KING PRAWNS ... £9.95**  
PRE SHELLLED KING PRAWNS SERVED ON  
A SKEWER WITH CHILLI BUTTER &  
BRUSCHETTA. (GF ON REQUEST)

**FETA SALAD ... £7.95**  
SIMPLE GOATS CHEESE SALAD WITH A  
BALSAMIC VINAGER DRESSING SERVED WITH  
HOMEMADE BREAD & BUTTER.  
(V) (GF & VG ON REQUEST)

**BBQ CHICKEN ... £7.95**  
CARGRILLED CHICKEN STRIPS SERVED  
ON A SKEWER WITH A BBQ DIP & A  
SALAD GARNISH. (GF)

**PAN FRESCO FOR TWO ... £10.95**  
A LOVELY SHARING STARTER. PARMA HAM, CREAM CHEESE, MIXED OLIVES,  
BALSAMIC VINEGAR, HOMEMADE BREAD & CHARCOAL SALTED BUTTER.  
(GF, V & VG ON REQUEST)



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THERE ARE LOADS OF ALLERGIES & INTOLERANCES, WE CANT LIST THEM ALL ON THE MENU, BUT IF YOU HAVE  
ALLERGIES TO ANYTHING OR ANY REQUIRMENTS WE ARE HERE TO HELP.  
SO PLEASE MAKE SURE TO TELL YOUR SERVER.



# MAINS

## FRESH OFF THE GRILL

### **PORK TENDERLOIN ... £18.95**

CHARGRILLED PORK TENDERLOIN SERVED WITH  
ONION RINGS, SEASONED CHIPS & SALAD GARNISH.  
(GF ON REQUEST)

### **BBQ BELLY PORK ... £18.95**

SLICED PORK BELLY SLOW ROASTED IN BBQ SAUCE  
SERVED WITH GARLIC NEW POTATOES & HOMEMADE  
SLAW. (GF)

### **BBQ CHICKEN SKEWER ... £17.95**

CHARGRILLED BBQ CHICKEN BREAST SERVED WITH  
TRIPPLE COOKED "JENGA" CHIPS & FETA CHEESE  
SALAD. (GF)

### **FILLET OF SALMON ... £21.95**

SUCCULENT FILLET OF SALMON WITH A HONEY  
GLAZE SERVED WITH GARLIC NEW POTATOES & A  
GREEK SALAD. (GF)

### **FISH & CHIPS ... £18.95**

DEEP FRIED COD IN CRISPY BATTER WITH A BOAT  
LOAD OF CHIPS, MUSHY PEAS, TATAR SAUCE &  
A WEDGE OF LEMON. (GF ON REQUEST)

### **MUSHROOM TAGLIATELLE ... £16.95**

TAGLIATELLE PASTA IN A CREAMY MUSHROOM SAUCE,  
PARMESAN CHEESE & GARLIC BREAD.  
(V) (VG & GF ON REQUEST)  
ADD CHICKEN BREAST OR PORK LOIN +£3.00

## OUR HEARTY STEWS

### **PEMBROKESHIRE VENISON ... £20.95**

BRAISED PEMBROKESHIRE VENISON & VEGETABLES IN  
A TOMATO & RED WINE SAUCE COVERED WITH  
CARAMELISED SLICED POTATOES.  
(GF ON REQUEST)

### **WELSH LAMB ... £20.95**

BRAISED LAMB & VEGETABLES IN A RICH  
GRAVY & TOPPED WITH CARAMELISED SLICED  
POTATOES.  
(GF ON REQUEST)

### **BEEF BOURGUIGNON... £20.95**

SLOW-BRAISED BEEF IN RED WINE WITH  
MUSHROOMS AND HERBS. A HEARTY  
FRENCH CLASSIC  
(GF ON REQUEST)

### **VEGETABLE ... £17.95**

DICED VEGETABLES IN A RICH TOMATO  
SAUCE WITH CARAMELISED SLICED  
POTATOES.  
(V) (VG) (GF ON REQUEST)

## BURGERS & STEAKS

### **1/4 LB CHEESE BURGER ... £17.95**

LOCALLY SOURCED 1/4 LB BEEF PATTY WITH FRIED ONIONS, LETTUCE,  
TOMATO & TWO SLICES OF AMERICAN CHEESE SERVED IN A SOFT  
TOASTED SEADED BUN WITH BURGER RELISH. (GF ON REQUEST)

### **CHICKEN BURGER ... £17.95**

CHARGRILLED CHICKEN BREAST WITH FRIED ONIONS, LETTUCE, TOMATO &  
CHEESE IN A SOFT TOASTED SEADED BUN WITH MAYO  
SIMPLE & TASTY.(GF ON REQUEST)

### **VEGETARIAN/VEGAN BURGER ... £17.95**

A LENTIL BURGER PATTY WITH LETTUCE, GRATED CARROT, TOMATO, FRIED  
ONIONS & VEGAN CHEESE ALL IN A SOFT TOASTED SEEDED BUN WITH  
BURGER RELISH. (V) (VG) (GF ON REQUEST)



### **10OZ SIRLOIN ... £21.95**

### **10OZ RUMP ... £20.95**

COOKED HOW YOU LIKE, THEN SERVED ON A BOARD  
WITH A BIG KNIFE. (GF)

ALL SERVED WITH A BOWL OF CHIPS,  
ONIONS RINGS AND CREAMY  
COLESLAW







# SPECIALS



## **TWO STEAKS A BOARD & A KNIFE ... £31.95**

ONE 10OZ SIRLOIN & ONE 10OZ RUMP.  
COOKED HOW YOU LIKE, THEN SERVED ON A BOARD WITH A BIG KNIFE. (GF)

## **FOUR STEAKS A BOARD & A KNIFE ... £60.95**

TWO 10OZ SIRLOINS & TWO 10OZ RUMPS.  
SERVED THE SAME AS ABOVE, PERFECT FOR SHARING (GF)

## **10OZ STEAK SANDWICH ... £21.95**

10OZ RUMP STEAK TRIMMED, SLICED AND SERVED IN ONE OF OUR SOFT  
TOASTED BURGER BUNS WITH LOTS OF FRIED ONIONS.  
SERVED WITH CHIPS, HOMEMADE COLESLAW & ONION RINGS.  
(GF ON REQUEST)

## **BIG BOY BURGER ... £20.95**

TWO LOCALLY SOURCED 1/4 LB BEEF PATTIES , CHEESE, FRIED ONIONS, LETTUCE  
& TOMATO ALL SERVED IN A SOFT TOASTED SEADED BUN WITH BURGER RELISH.  
SERVED WITH CHIPS, HOMEMADE COLESLAW & ONION RINGS.  
(GF ON REQUEST)



# SIDES

## **“CHIPPY CHIPS” ... £4.45**

FRESH LOCAL POTATOES DEEP FRIED UNTILL  
GOLDEN BROWN (V) (VG) (GF)

## **“JENGA” POTATOES ... £4.45**

TRIPLE COOKED SEASONED CHUNKY CHIPS.  
(V) (VG) (GF)

## **BREAD & BUTTER ... £3.45**

FOUR SLICES OF FRESHLY BAKED HOMEMADE BREAD WITH  
REAL BUTTER & A SPRINKLE OF CHARCOAL SALT.  
(V)(VG & GF OPTION ON REQUEST)

## **FRESH FETA SALAD ... £4.45**

FRESH MIXED SALAD TOPPED WITH CRUMBLED FETA  
CHEESE AND A DRIZZLE OF OLIVE OIL.  
(V) (GF)(VG ON REQUEST)

## **GARLIC BREAD ... £4.45**

HOMEMADE BREAD WITH A GENEROUS HELPING  
OF GARLIC BUTTER.  
(V)(VG & GF ON REQUEST)

## **ONION RINGS ... £4.45**

DEEP FRIED AND CRISPY. (V)(VG)

## **PEPPERCORN SAUCE ... £3.45**

WONDERFUL WITH OUR STEAKS BUT JUST AS GOOD  
TO DIP YOUR CHIPS IN. (GF)

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# HOUSE COCKTAILS



## **SEX ON THE BEACH**

VODKA, PEACH SCHNAPPS, ORANGE & CRANBERRY JUICE IN A TALL GLASS WITH ICE & A GARNISH.

## **MAI TAI**

A MIX OF SPICED RUM, DARK RUM & COINTREAU SHAKEN AND TOPPED WITH FRESH PINEAPPLE JUICE

## **CINDERELLA**

RUM, ORANGE JUICE, PINEAPPLE JUICE, A SPLASH OF LEMON, A SPLASH OF GRENADINE TOPPED WITH GINGER ALE

**£8.95 EACH**

**2 FOR 1**

**BETWEEN**

**5-8PM**

T&C'S APPLY\*

## **TOM COLLINS**

GIN, LEMON JUICE & A DASH OF SUGAR SYRUP TOPPED WITH SPARKLING WATER, ICE & A GARNISH.

## **IRISH GODFATHER**

DISARANNO, JAMESONS SERVED ON THE ROCKS AND TOPPED WITH COCA-COLA

## **AMERETTO SOUR**

DISARANNO MIXED WITH SWEET AND SOUR AND A SPLASH OF SUGAR SERVED ON THE ROCKS



\*OFFER APPLIES TO 2 OF THE SAME HOUSE COCKTAILS

# PREMIUM COCKTAILS

## **LEMON DROP...£9.95**

VODKA, TRIPLE SEC AND LEMON JUICE SERVED IN A SUGAR RIMMED GLASS AND A SLICE OF LEMON

## **MOJITO...£9.95**

WHITE RUM, MINT, LIME JUICE AND TOPPED WITH SODA

## **MARGARITA...£9.95**

TEQUILA, TRIPLE SEC, LIME JUICE SHAKEN AND SERVED ON THE ROCKS IN A SALT RIMMED TUMBLER

## **MANGO MARGARITA...£10.95**

TEQUILA, TRIPLE SEC, MANGO JUICE AND LIME SHAKEN AND SERVED ON THE ROCKS IN A CHILI SALT RIMMED TUMBLER

## **COSMOPOLITAN...£10.95**

VODKA, TRIPLE SEC, A DASH OF LIME AND CRANBERRY JUICE GARNISHED WITH A SLICE OF LIME

## **FRENCH MARTINI...£10.95**

VODKA, BERRY LIQUEUR AND PINEAPPLE JUICE AND A SPRINKLE OF RASPBERRY TO GARNISH